

Welcome to Penn State Rugby

If you are reading this brochure it probably means that you are interested in being part of the unique experience that is Penn State Rugby. Thank you for thinking of Penn State as an option for continuing your education and your rugby career.

Penn State Rugby is the most successful collegiate rugby program in the U.S., consistently fielding men and women's teams that compete for the National Championship. The men have played in **19 National Championship Play-offs in 20 years**. The women's team have a remarkable record of **13 National Championship games in the last 15 years**, winning **5 National Titles**.

The Penn State Rugby Teams get as much University support as any rugby program in the country, including varsity programs. Penn State Rugby is not a club sport, it is a "Team Sport." This means that rugby is now in the Athletic Department and allows us access to many of the resources and facilities that our varsity programs enjoy.

Once again, thank you for your interest in The Pennsylvania State University and Penn State Rugby. We look forward to the opportunity to meet you in person and show you what we have to offer a talented student athlete like yourself. We want to use this opportunity to extend a personal invitation for you to contact us if you have any questions, or would be interested in setting up a recruiting visit.

Contact Information

Fill out the recruiting form at www.psurugby.org and click on the Recruits link.

PSU Men's Team: <http://www.clubs.psu.edu/up/mensrugby/>

PSU Women's Team: <http://www.clubs.psu.edu/up/womensrugby/>

Penn State Rugby's Vision
"To become the premier rugby University in the United States, producing national Champion caliber teams and providing support, networks and opportunities that will develop successful students into the leaders of tomorrow."

Team Sports Manager:
Dayna Wenger.....dmh136@psu.edu

Director of Rugby/Head Men's Coach:
Don Ferrell.....daf4@psu.edu

Assistant Director of Rugby:
Peter Bagetta.....pzb11@psu.edu

Head Women's Coach:
Peter Steinberg...pete@psurugby.org

PENN STATE RUGBY

Building Champions-- Shaping Futures



Fifteen As One



Tradition of Excellence

- Five National Championships
- 26 Final Four Appearances
- More than 80 Collegiate All-Americans
- 16 USA Eagles
- Only program to consistently place both their Men's and Women's team in the Final Four



Why Penn State Rugby

- Full-time professional coaching staff guaranteeing a quality program for years to come.
- Athletic trainers at all rugby events, and access to PSU medical staff for evaluation, treatment, and rehab. Includes baseline concussion testing.
- Coverage under PSU's Athletic Health Insurance plan. (Must purchase Penn State Student Insurance as primary insurance to qualify)
- Rugby Academic Support Program
- Access to Penn State's World Class Facilities:
 - Lighted Grass and Turf Pitches
 - Full pitch under roof for winter training
 - Varsity weight room access with trainers
- Teams travel by bus or plane when appropriate and most of team uniform kit is provided.
- Overseas rugby trips over Spring Break.
- Support for All-Star and National team play. Penn State Rugby will help you offset any costs that you may incur while participating in elite play.
- Support of the Penn State Rugby Alumni Club and it's 1,500 members once you graduate.
- Mentoring, internships and jobs available through the Rugby Alumni Network.



PSU at a Glance

Location: University Park, Pa.
Founded: 1855
Enrollment: 43,998
Colors: Blue and White
Nickname: Nittany Lions

- The student body represents 50 states and 132 countries
- International student population (undergraduate and graduate): 3,639
- 22% of first year students are out of state
- Average student/faculty ratio is 17:1
- 46% women, 54% men



Penn State Rugby FYI

- Players from South Africa, Argentina, United Kingdom, Ireland, Scotland, Wales, Australia and New Zealand have played for Penn State.
- There are two seasons (a fall and a spring) so there are playing opportunities year round. The fall season is a game heavy league season and the spring season is a training heavy season leading into the National playoffs.
- Team vs. Varsity: Being a team sport gives you the opportunity to join at anytime and be able to fully participate on one of multiple sides. You get to play right away.
- State College has a strong rugby culture. In addition to the University teams, there is a high school team and adult team in the town.

Applying to Penn State

- Penn State Rugby can help you in your application to University Park. Please contact us by using the Prospective Student Recruiting Form found at <http://www.psurugby.org>
- The PSU application process is done online at <http://admissions.psu.edu/>

